

Downland Devil 9



**9 Mile Cross Country Run,
10:00am, Sunday 3rd December
2017**

Church Farm, Coombes, Lancing,
West Sussex, BN15 0RS



- ❖ **An undulating and cross-country route** - mainly on private farm tracks not usually open to the public
- ❖ **Prizes galore** - 1st three men and women, 1st two vet 40 men and women, 1st two vet 50 men and women, 1st vet 60 man and woman and a memento to every finisher.
- ❖ **Great facilities** - Toilets, free parking and refreshments will be available
- ❖ **Low cost entry** - Prices reduced from 2016, UKA **£10**, Non UKA **£12** with £1 surcharge for on day entry (subject to availability)
- ❖ **Online race entry available** - or download a paper entry form from our website

www.runacademy.co.uk/dd9

