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Haywards Heath Harriers - Great Walstead 5 West Sussex Fun Run League, Sunday 13th October 2019

Venue: Great Walstead School, East Mascalls Lane, Lindfield, Haywards Heath, RH16 2QL. Parking available, but please car-share if you can.

Entries limited to 500. Please arrive in plenty of time to collect your race number where applicable.

Race	Age	Distance	Start Time	Postal Entry	On the day Entry
A	Junior - Under 16	1600m	10:30	£1 (WSFRL), £3 (Other)	£1 (WSFRL), £3 (Other)
B	Senior	8km	11:00	£3 (WSFRL), £5 (Other)	£5 (WSFRL), £7 (Other)

The course: Both races are totally off-road within the extensive woodlands behind Great Walstead School. Regrettably, the course is unsuitable for wheelchairs. No dogs are permitted.

Facilities: Changing and toilets. No showers. Bags are left at owners' risk. Free water for runners. Refreshments will be on sale.

Results will be posted on the Haywards Heath Harriers' website as soon as possible after the event.

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Postal entries received after 4th October 2019 cannot be processed

Entries to: Great Walstead 5, 59 Barnmead, Haywards Heath, RH16 1UY (Please enclose C5 stamped, addressed envelope)

First name..... **Surname**..... **M/ F**

Date of Birth..... **Age on race day**.....

Club/School..... **WSFRL club – Y/N**

Address.....

..... **Tel**.....

Medical conditions.....

Race entered (Please circle)	A: Junior (Under 16)	B: Senior
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I enclose a cheque for £ (Payable to Haywards Heath Harriers)

I am medically fit to run and I understand that the organisers of this event will not be liable for any accident, loss or damage arising from my participation in the event. I am aware that the race results will be published on the Haywards Heath Harriers club and other websites and that the finish area may be filmed for results purposes only.

Signed:..... (Parent/Guardian, if under 16 years).